

Skill Level
Advanced Beginner

Finished Measurements
32 inches around x
5 inches tall

Yarn
2 skeins Mint Yarns
100% Sari Silk
50g, 30 yds
www.mintyarns.com

Needles
US10 (6mm) 29" circular
(cowl worked flat)

Notions Tapestry Needle

## Stitches Used (Abbreviations):

Cast On (CO) Knit (k)

Right Side (RS) Bind Off (BO)

Magic Knot Join
Cable Cast On Video

http://www.nbnndesigns.com/videos

Indian Cross-Stitch Pattern

http://newstitchaday.com/how-to-knit-the-indian-cross-stitch/

An Exclusive design for Mint Yarns, using just <u>2</u> <u>skeins</u> of luxurious silk yarn!

## Notes:

- Gauge and swatching are not required for this project.
- If unfamiliar with Indian Cross-Stitch Pattern, please practice on scrap yarn as recommended yarn when frogged and reused does not give the same finish.
- Join skeins using "Magic Knot Join" method.

- When knitting with recommended yarn, be careful not to 'knit/pick up' stray sari threads woven into the yarn.
- For rows 5, 11 & 17: When wrapping yarn over needle, do this a little loosely, making sure the loops slide over the needle easily. This will help you on rows 6, 12 & 18.

## **Instructions:**

This cowl is worked as a straight piece, using the Indian Cross-Stitch Pattern and then whipstitching the sides together.

Cast On 104 stitches (using cable cast on method).

Rows 1 - 4: Knit

**Row 5:** K1, \* insert needle into next st and wrap working yarn 4 times around point of needle, then knit that stitch, drawing the 4 wraps through the st; rep from \* until last st, k1.

**Row 6:** \*SI 8 sts wyib, dropping all extra wraps, creating 8 long sts on right-hand needle. Insert left-hand needle into the first 4 of these long sts and pass them over the second 4 long sts. Return all sts to left-hand needle and k the sts in the new order, knitting the second 4 long sts first, and then the original 4 long sts. Rep from \* for each group of 8 sts, until end of row.

Row 7 - 10: Knit

**Row 11:** K1, \* insert needle into next st and wrap working yarn 4 times around point of needle, then knit that stitch, drawing the 4 wraps through the st; rep from \* until last st, k1.

**Row 12:** Sl 4 sts wyib, dropping all extra wraps, cross 2 over 2 as in Row 6 and k these 4; \*sl 8, dropping all extra wraps, cross, and knit as in Row 6; rep from \* on each group of 8 until the last 4 sts, end by crossing 2 over 2 as in beg of row.

Row 13 - 16: Knit

**Row 17:** K1, \* insert needle into next st and wrap working yarn 4 times around point of needle, then knit that stitch, drawing the 4 wraps through the st; rep from \* until last st, k1.

**Row 18:** \*SI 8 sts wyib, dropping all extra wraps, creating 8 long sts on right-hand needle. Insert left-hand needle into the first 4 of these long sts and pass them over the second 4 long sts. Return all sts to left-hand needle and k the sts in the new order, knitting the second 4 long sts first, and then the original 4 long sts. Rep from \* for each group of 8 sts, until end of row.

Row 19 - 22: Knit

Row 23: BO Loosely (RS), Weave in loose ends.

Join sides using whipstitch.

Block as desired.