

Knitted Knot Cowl



NitaB&NishaN

Skill Level
Beginner

Finished Measurements

Short:

19" (48.26 cm)
circumference x
7" (17.78 cm) wide

Long:

38" (96.52 cm)
circumference x
7" (17.78 cm) wide

Yarn

Swirl, 100% Silk
75g, 75 yds (69 meters)
1 skein Sea (short)
2 skeins Sea (long)

Needles

US15 (10mm) straight

Notions

Tapestry Needle

Stitches Used (Abbreviations):

Cast On (CO) Bind Off (BO)
Left Hand (LH) Purl 6 stitches together
Whipstitch Knit 6 stitches together
Cable Cast On & Knotted Knit Stitch Videos:

<http://www.nbnndesigns.com/videos>

Gauge (before blocking):

9 stitches = 7" in pattern

Note: Cable cast on stitches a little relaxed so it will be easier to knit/purl together.

Instructions:

- Cable Cast On 9 stitches.
- Work in pattern until piece measures approximately 19" (48.26cm) [short] or 38" (96.52) [long] from beginning.
- BO Loosely (knitwise).
- Whipstitch ends together.
- Weave in loose ends.
- Block as desired.
- Stretch the cowl gently so knots are more visible.

Knotted Knit Stitch Pattern:

For all RS rows:

- Using the first stitch on the left hand needle, cable cast on 5 more stitches.
- You will now have a group of 6 stitches.
- **Purl** these 6 stitches together.
- Repeat above steps with next stitch on the left hand needle.

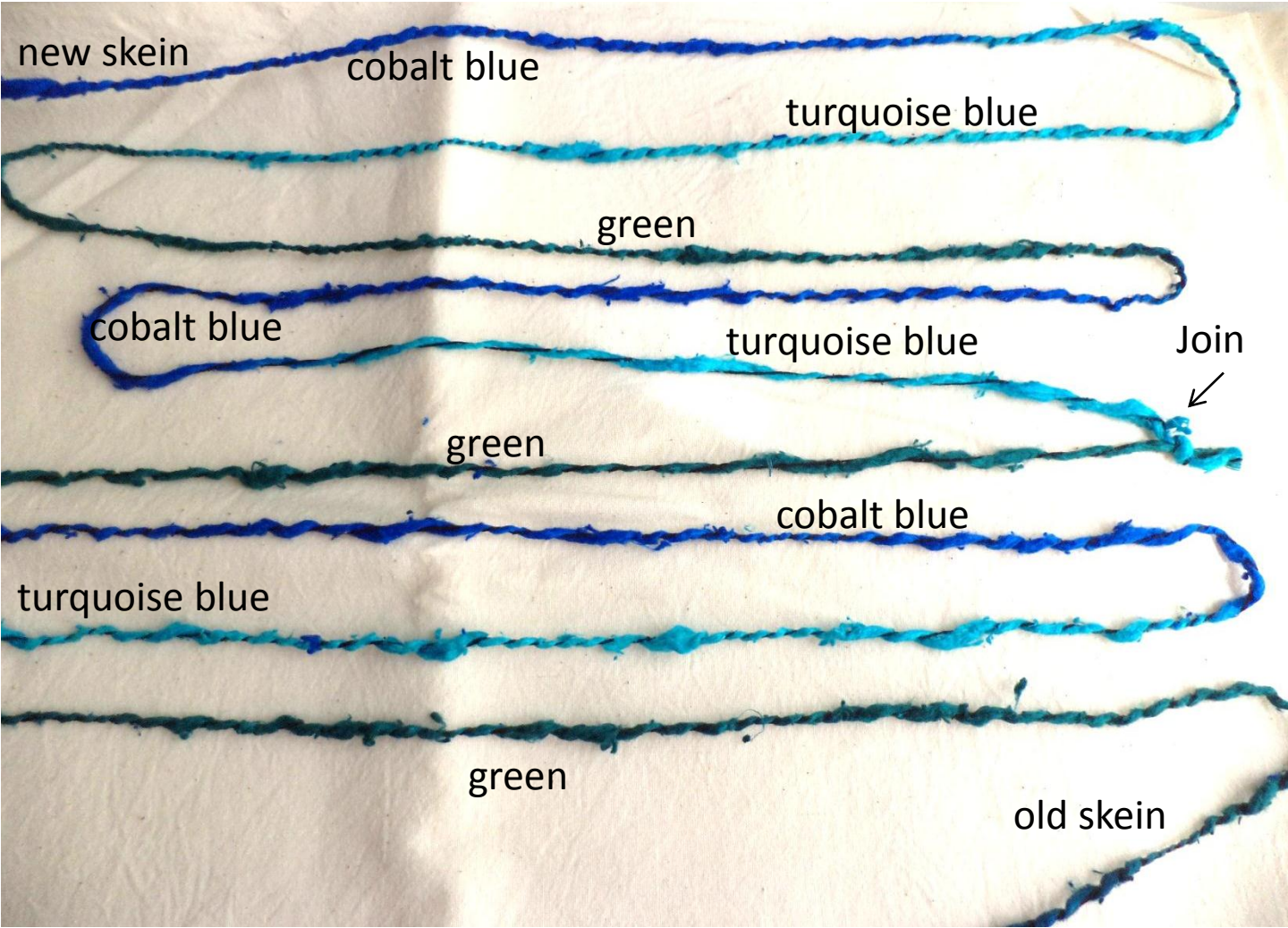
For all WS rows:

- Using the first stitch on the left hand needle, cable cast on 5 more stitches.
- You will now have a group of 6 stitches.
- **Knit** these 6 stitches together.
- Repeat above steps with next stitch on the left hand needle.

Knotted Knit Stitch Video -

<http://www.nbnndesigns.com/videos>

Joining a second skein of variegated yarn -



Study the color sequence and join at the correct color interval.

Picture looking from bottom to top:

(old skein) green → turquoise blue → cobalt blue → green → JOIN
YARN → turquoise blue → cobalt blue → green → turquoise blue →
cobalt blue (new skein)